

# SWISS EMBASSY PROJECT

SWIE-YOU-2022

September -2023



# ANNEX A - Terms of Reference and Scope of the Services

**Consultancy Title:** Snoozing Technique Trainer

**Duty station:** Taanayel- Lebanon

**Duration of assignment:** 2 months **Contract type:** Services

**Starting date:** end of December -mid of January

## arcenciel Overview

arcenciel was created in 1984, authorized in 1985 by the Lebanese Ministry of Interior, and recognized as a public utility in November 1995 (presidential decree n° 7541). arcenciel is an apolitical, non-confessional, and independent organization that works with and for all people in difficulty without discrimination of age, gender, religion, culture or nationality. Created during the Lebanese civil war to assist disabled persons, arcenciel has become one of the first technical aid producers in Lebanon, rehabilitating spaces for disabled persons, and developing a national program for better accessibility for them; which was later passed as a law in June 2000. Drawing on its success, arcenciel broadened its mission to "engage in the sustainable development of the society by supporting fragile groups and integrating marginalized people". Since its creation, arcenciel has provided around 37 million services to more than 400,000 beneficiaries. arcenciel also treats 85% of Lebanon's hospital waste and 915 tons of solid wastes a year; and manages the 2 km² Jesuit "Domaine de Taanayel" through which it promotes sustainable agriculture and responsible tourism through its eco-touristic activities.

All activities arcenciel implements have a social and environmental purpose and seek economic viability, all which ensure their sustainability. Our objective is to promote sustainable development through three main axes: Social: care of persons in need, Environmental: the preservation of natural resources and Economic: the cost-efficiency and financial autonomy. arcenciel has always adopted a tripod strategy based of: Community Work: allowing the assessment of community needs, using their available resources; Service-Providing Institutions: across Lebanon offering specialized services and working with and for the beneficiaries; and Public Program: guaranteeing a legal structure and stabilizing the two other pillars.

arcenciel currently runs nine programs: 1- Agriculture, 2-Environment; 3- Mobility, 4-Health; 5-Responsible Tourism, 6- Culture and heritage; 7- Social Support; 8-Youth Empowerment, and 9-Employment, in 11 centers distributed across all Lebanese regions (Greater Beirut, Beqaa, Mount-Lebanon, North, and South Lebanon). Besides these centers, arcenciel has running offices in France and the USA.

arcenciel is ISO 9001:2015 certified for management of projects since July 2018.

#### 1. PROJECT BACKGROUND

This project aims to improve our center and our services in providing specialized education for children with disabilities in the central Bekaa region. The project aims at strengthening inclusive education and facilitating the access of Children with Disability to quality education and services in central Bekaa. The project's activities will allow 30 Children with Disability to access quality specialized education by enrolling them. The children's education program will be accompanied by paramedical sessions; speech therapy, psychomotor therapy, physiotherapy, and psychotherapy. Studying the different needs of the children, assistive devices such as wheelchairs, hearing aids, sensory tools, and others will be granted for the students to maximize their learning experience and personalize their education approach.



### 2. PARTNERSHIP DESCRIPTION

arcenciel, specifically the youth program, is seeking to contract with a specialized trainer to provide "snoozing technique"

Snoozing technique has a big role in mental and physical well-being. In light of that, arcenciel has prepared two sensory rooms that helps in the therapeutic intervention with Children and people with Disability. This technique is a method in particular that allows people to relax and mediate, helps in stress relief and anxiety, improves the movement of the child, the body scheme, and stimulates the senses of the person, as it is an essential function in psychomotor development, and special education techniques. It can be done to all beneficiaries that suffer from any mental health issue, disability, giatrics ... snoozing can be one of the most innovative ways to improve the well-being of people at all ages. Under this project, we seek to train the specialists, therapists, and special educators on this method since arcenicel works in a holistic inclusive approach with all beneficiaries within the community.

## 3. OBJECTIVES AND SCOPE OF WORK

The objective of this consultancy is mainly to provide a complete training about the Snoezelen technique for our CBR specialists, therapists, and special educators.

# a) Roles and Responsibilities of the Service Provider:

The trainer will be implementing the training for 23 volunteers at arcenciel divided in the following groups:

- First group: Social and medical specialist (CBR), psychologist, psychomotor therapists, and speech and language therapists.
- Second group: special educators and assistant special educators.

## b) Roles and Responsibilities of Arcenciel

arcenicel will be in charge of:

- Providing the conference room and all logistics needed.
- Act as a focal point between the trainer and the trainees.
- Coordination and communication between the trainer and project manager.

#### 4. DELIVERABLES

- 1. Attendance sheet
- 2. Pre-post test
- 3. Evaluation form
- 4. Presentation power point
- 5. Final overall narrative reports

## 5. TIMELINE AND LOCATION OF THE CONSULTANCY

The total duration of the sessions is over a period of 2 months (December -January), and the location will be at arcenciel center Taanayel.



## 6. QUALIFICATIONS

- 1. Proficiency in types of disability, approaches and best practices
- 2. Knowledge and excellent experience in snoozing technique and sensory rooms.
- 3. Strong local knowledge and comprehensive understanding around disability programs
- 4. Excellent communication
- 5. Obtaining the professional working knowledge of Arabic and English is compulsory
- 6. Ability to work in a participatory approach with certain flexibility
- 7. Ability to work in different cultures and with diverse people
- 8. Having integrity, respect, and responsibility
- 9. Being down to earth, empathetic and positive
- 10. Passion to work towards disability inclusion
- 11. High level of creativity and innovation
- 12. Influential personality
- 13. Negotiation skills
- 14. Empathy
- 15. Conscientiousness
- 16. Patience