



# TERMS OF REFERENCE

Funded by: Agence française de Développement (AFD)

Country: Lebanon

## CONTEXT

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### ORIGIN OF THE REQUEST

Médecins du Monde (Mdm) is an international humanitarian organization that provides medical care to the most vulnerable populations affected by war, natural disasters, disease, famine, poverty and exclusion, those who do not have access to health care and those who the world is gradually forgetting.

Mdm has been working in Lebanon for more than 30 years from the response to the civil war in the 1980s to the Syrian crisis that emerged in 2011 and during the recent political turmoil and instability in Lebanon (October 2019 uprising, COVID19 pandemic and Beirut Port explosion). Mdm mainly works in the sector of Health (sub-sector Primary Health Care and Mental Health), while ensuring cross cutting subjects in Gender Based Violence and Sexual and Reproductive Health.

Since 2012, in cooperation with civil society organizations as well as national and local authorities, Mdm's intervention aimed at increasing access to quality primary healthcare and strengthening the national primary healthcare system. Moreover, Mdm has been actively engaged in providing access to Mental Health and Psychosocial Support (MHPSS) services and reducing the impact of the Syrian crisis on the mental and physical health of the Syrian refugees and vulnerable Lebanese. Mdm is working at integrating mental health in the primary healthcare system and contributing to the development of community-based mental healthcare services, opening and running community mental health and substance user centers (CMH-SUC). At PHCC level, Mdm trains PHCC staff on mhGAP and provides monthly supervision to trainees to answer questions and support the integration of mental health in their practices.

Mdm is operating, with Skoun Lebanese Addiction Center, a Community Mental Health and Substance use center in Douris Amel center in which specialized MHPSS services are provided by a multidisciplinary team. The MHPSS team consists of psychotherapists, case managers, nurses and psychiatrist.

**Location:** Douris, Baalback, Lebanon.

**Duration of the collaboration:** From September 2023 to December 2023

**Timeline:** From 8 to 5 PM / 1 day per week for providing psychiatric care

## **DESCRIPTION of the ASSIGNMENT**

**The Psychiatrist will provide psychiatric care to service users with Mental Health and/or Substance Use related conditions in the Community Mental Health and Substance use Center. Additionally, the Psychiatrist will participate and co-lead the case discussion in the CMH-SUC in cooperation with MDM MHPSS team.**

- Conduct a comprehensive assessment for the mental health and substance use situation of the service users referred to the CMH-SUC.
- Collect information regarding service users' medical and psychiatric history, assess the service user's general physical condition and refer when it is needed for further medical evaluation.
- Conduct proper clinical interviews to determine the nature and extent of service users' mental health and/or substance use disorder and suggest an appropriate treatment accordingly.
- Provide psychiatric treatment to service users: If needed, provide pharmacological treatment in line with the Guide for the Rational Prescription of Medications for Priority Mental and Neurological Conditions for Specialists in the Public Health System of the MoPH and WHO.
- Follow up on the treatment evaluating the response to medication and the possible side effects and modify the treatment accordingly, in coordination with the Nurses.
- Coordinate with the Nurse on diagnostic tests results.
- Review and evaluate treatment progress and outcomes with psychotherapists and case managers
- Decide on and facilitate the hospitalization of patients when needed and in coordination with the hospital's psychiatrist.
- Discharge patients from the program and/or refer them to the PHCC GP when they are stabilized on treatment.
- Participate in technical meetings and case discussion meetings with the multidisciplinary team of the CMH-SUC, for ensuring the proper follow up of the service users.
- Attend regular meetings, working sessions and training organized by the projects' partners and the NMHP/MoPH in line with the national Mental Health strategy.
- Complete and update all information related to service users' treatment on the designated forms using clear and legible documentation.
- Complete the needed health information on Dharma and/or any other software related to service user information on a daily basis.
- Provide a monthly report to MDM's MH Coordinator and regularly meet with the MH Coordinator and / or Skoun technical team upon need

**Profile:**

- Licensed Psychiatrist with OAT accreditation is required
- Previous work experience in provision of Mental Health services in multidisciplinary teams
- Previous experience working in community setting and/or with Primary Healthcare Centers is a plus
- Knowledge of Therapeutic modalities
- Knowledge of Emergency Psychiatry
- Knowledge of MH integration in PHCCs is a plus
- Very good knowledge of written and spoken Arabic and English. (French is a plus)
- Experience with NGO will be an asset.
- Good computer skills (Microsoft Office)
- Good analytical skills
- Good communication and teamwork skills

**SELECTION PROCESS:**

A competitive selection process will take place taking into consideration the entire offers including CV, technical and financial aspects.

**1- Technical proposal to submit including:**

- CV and Cover Letter (Including Certificate and License)
- An appreciation of the terms of reference
- The technical approach
- The provisional working plan (working days during the week and the working hours)
- References of previous employees

**2- Financial proposal including:**

- The total financial quotation (including MOF tax 7,5% consultancy tax) incorporating the budget allocation (transportation, accommodation, and other fees).
- Terms of payment and payment modality.
- Proposal validity.

Any and all relevant information or deemed of value to MdM.

**Deadline to apply: 27/08/2023, 05:00 PM**

Expected starting date: 01/09/2023 (duration: 4 months contract renewable depending on funds and performance efficiency).

**The offer must be sent by email to: [logsup.beirut.lebanon@medecinsdumonde.net](mailto:logsup.beirut.lebanon@medecinsdumonde.net), and mention in the subject of the email "MR 006 LB BEY 23 – Consultant Psychiatrist for provision of Psychiatric Consultation in the CMH-SUC in Douris", before August 27<sup>th</sup> at 05:00 PM.**