



Request for Proposal

Description of the Activity: Self-Help Plus to targeted groups, including online delivery

Organization: One local Non-Governmental Organization (LNGO) partner

Component: Component 1.2 Enhanced Support for psycho-social wellbeing in Beirut

Procurement plan reference: LB-IRC-361317-NC-RFQ

Introduction

This Request for Proposal falls under the project entitled ‘Supporting Beirut’s Immediate Social Recovery Services’ funded by the World Bank. All activities carried out by the IRC partners under this project are fully funded by the Bank.

The August 4, 2020, Port of Beirut explosion (POB) compounded Lebanon’s existing economic and social challenges and disproportionately affected Beirut’s vulnerable populations. Since the explosion the efforts of civil society have been crucial for recovery and rehabilitation efforts. Several obstacles remain that challenge the effectiveness, inclusivity and sustainability of the broader recovery and rehabilitation process, which include coordination challenges between ongoing efforts and the ad hoc or temporary nature of interventions. The situation of Beirut’s population remains precarious and the need for support to recovery and reconstruction efforts urgent.

Several assessments conducted after the POB explosion highlight the priority areas for recovery and reconstruction, as well as the main weaknesses in the social safety net system in Lebanon. Consultations carried out by the World Bank with local Civil Society Organizations (CSOs) and NGOs in December 2020 revealed heightened vulnerabilities amongst the following three population groups affected by the blast in Beirut: (i) survivors and those at-risk of Gender-Based Violence (GBV); (ii) individuals suffering from deteriorated psycho-social wellbeing; and (iii) the elderly and persons with disabilities. The WB granted a funding opportunity to implement the project entitled ‘Supporting Beirut’s Immediate Social Recovery Services’ that focuses on reducing vulnerabilities prevalent amongst these three groups affected by the blast in Beirut

The World Bank (WB) has selected the IRC to act as the Implementing Agency (IA) to implement the Supporting Beirut’s Immediate Social Recovery Services project.

The International Rescue Committee (IRC) helps people whose lives and livelihoods are shattered by conflict and disaster to survive, recover, and gain control of their future. Founded in 1933 at the request of Albert Einstein, the IRC works with people forced to flee from war, conflict and disaster and the host communities that support them, as well as with those who remain within their homes and communities. At-work today in over 40 countries and 22 U.S. cities, we restore safety, dignity and hope to millions who are uprooted and struggling to endure. IRC reaches over a million children annually with education and child protection programs in 25 countries around the world.



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In response to the influx of Syrian refugees to Lebanon in mid-2012, IRC opened a country office and launched humanitarian assistance programming. IRC operates throughout Lebanon, with the main office in Beirut and field offices in Qobayat, Zahle, Tripoli, and Mount Lebanon. IRC's programs assist Syrian refugees and vulnerable Lebanese in host communities across multiple sectors: Education, early childhood development, livelihoods, protection, women's protection and empowerment, child protection, and health in close coordination with the Lebanese Government and broader Humanitarian Community.

The IRC's Health Program in Lebanon

IRC's Health approach in Lebanon is fully integrated with the National Public Health Center (PHC) Network under the Ministry of Public Health (MoPH) and focuses on systems strengthening of health activities and supporting health facilities run by national NGOs/CSOs to improve and increase access to primary healthcare services for vulnerable populations in Lebanon.

In Akkar, IRC currently reinforces the capacity of Primary healthcare centers (PHCCs) through financial and technical support by the subsidization of medical consultations, coverage of diagnostic exams fees, contribution to the running costs and other expenses of the PHCCs, capacity building, supporting in the application of accreditation standards.

IRC integrates Mental Health and psychosocial support (MHPSS) services into the supported health facilities, by recruiting specialized and non-specialized mental health professionals and providing training and capacity building programs to the PHCCs team on different MHPSS related topics.

Also, in coordination with local actors, IRC health program is conducting community-based interventions focusing on health promotion and education, and prevention of diseases.

The IRC health services are also being integrated with the other IRC sectors such as education and protection with the aim of providing multidisciplinary response to the beneficiaries in a holistic approach.

Objectives of the Request for Proposal (RFP)

The IRC aims to establish one partnership with one LNGO through an open competitive selection process, in Beirut and Mount Lebanon areas. In close coordination with the National Mental Health Program (NMHP), the selected NGO is expected to deliver Self-Help Plus (SH+) to targeted groups, including online delivery. The NMHP will offer technical assistance to the sub-grantee and will provide the necessary materials to ensure a successful implementation. This partnership aims to achieve the following outcomes:

- Sub-grantee conducts one Training of Trainers (ToT) for 10-12 persons selected with the support of the NMHP to ensure sustainability of the service, reported through a unique narrative report and training evaluation surveys that include a satisfaction assessment.



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- Sub-grantee supervises the delivery of SH+ in person by each ToT trained person through a senior trainer on SH+, reported through quarterly narrative reports and monthly progress reports.
- Sub-grantee organizes the training of 25 providers on SH+ by the newly trained trainers, reported through quarterly narrative reports and monthly progress reports, satisfaction surveys, and pre and post-tests (To be determined by the selected partner on the frequency of the surveys and tests).
- Sub-grantee develops a guideline for online delivery of SH+ including the needed adaptations to the material for online delivery with the support and close collaboration of the NMHP, reported through quarterly narrative reports and monthly progress reports.
- Sub-grantee pilots and evaluates the delivery of SH+ online to 3 groups of 30 persons each, reported through quarterly narrative reports and monthly progress reports.
- Sub-grantee provides SH+ to 25 groups (1 group by trained provider), reported through quarterly narrative reports and monthly progress reports.
- Sub-grantee conducts an overall evaluation of the SH+ intervention delivery with the support and close collaboration of the NMHP, reported through quarterly narrative reports and monthly progress reports.
- Sub-grantee is covering the SH+ costs including the cost of specialized MH services for persons who participate in the SH+ sessions and are identified to need further support, reported through financial reports (frequency to be determined).

Target: 500 adult beneficiaries will benefit from SH+ program.

Out of the 500, 160 will be care workers.

Target: At least 25 persons will receive training on SH+.

Indicator: 85% of mental health cases will be followed utilizing project-improved mechanisms and protocols excluding dropouts.

Project Locations

Under this Request for Proposal, IRC will support projects implemented in Beirut and Mount Lebanon. In this RFP, the interested actor should submit only one application to cover the outcomes listed above.



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Project Duration

IRC anticipates that the sub-grant issued under this invitation may have a start date of June 1 2023. The project duration may extend for 5 months (October 31, 2023).

Project Cost

Under this opportunity, IRC anticipates providing one sub-grant with a maximum amount of \$207,254.22 USD. The budget submitted should respect the below:

	Year 1 <i>(1 June 2023 – 31 October 2023)</i>
Activity 1: Deliver Self-Help Plus (SH+) to targeted groups, including online delivery	\$207,254.22

The budget could include rental costs of the centres, running cost, staff, and activities cost; all costs should be added as direct costs only. The evaluation criteria of the submitted budget will take into consideration the best use of resources.

The submitted budget should follow the estimated breakdown and allocated percentages estimated below:

Estimated budget breakdown	Allocated percentage estimated from total budget
Staffing and overhead	13%
Training costs (materials, venues, transportation, adaptation fees, supervision fees...)	72%
Mental health services coverage	15%

Project Payments Provisions and Reporting Deliverables

The payments provisions and mechanisms and frequency of the narrative and financial reports will be determined jointly between IRC and the selected partner following the PPCR (Partner’s Project Capacity Review) scoring.

Proposal Package:

We expect to receive the following documents under this Request for proposal:

- Full Proposal Narrative
- Budget including Budget Notes and spending plans over the full period
- Clear and detailed Workplan
- Checklist of supporting documents the actor is willing to provide for each type of payment



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- Official Registration documents from the Ministry of Interior and the Ministry of Finance as applicable
- Organizational organogram, including the full structure and the technical capacities of key staff working on the project
- Internal Audit report if applicable
- External Audit report if applicable
- Child Protection (CP) policy, Prevention of Sexual Exploitation and Abuse (PSEA) policy and Code of Conduct.

Formats for the Proposal Narrative, Budget, and Budget Notes are included with this package. Please comply with those formats and complete all sections of each document. The application must be submitted in English.

Compliance requirements:

IRC is hereby notifying its possible partner about compliance requirements they should be willing to abide by. The IRC expects the sub-grant to abide by the WB Anti-Corruption Guidelines (Annex 1) and the IRC safeguarding policies (Annex 2) referenced to this RFP.

In addition, possible partners are expected to abide by the conflict-of-interest requirements as listed below:

- Neither the Subgrantee nor any individual employed or contracted by the Subgrantee shall engage in any personal, business, or professional activity which conflicts or could conflict with any of their obligations in relation to the project.
- The Subgrantee undertakes to disclose to IRC any situation of actual potential conflict of interest that impacts their capacity to serve the best interest of IRC and/or the World Bank; and they understand that any misstatement or misrepresentation described herein may lead to their disqualification or dismissal by IRC, and/or sanctions by the World Bank. Notwithstanding the provisions of Section 34¹ on Confidentiality, IRC shall be allowed to inform the Bank of the disclosed actual or potential conflict of interest mentioned above.

Environmental and Social Framework (ESF)

- The Sub-grantee shall ensure that the Project is carried out in accordance with the [World Bank Environmental and Social Framework \(ESF\)](#) and the applicable Environmental and Social Standards (ESSs), in a manner acceptable to the Bank and

¹ The Subgrantee and its employees and agents understand that the IRC may disclose, and such parties will hold in confidence and not disclose, distribute, sell, copy, share or otherwise use, IRC's "Confidential Information," which includes but is not limited to (a) files, Bank or beneficiary information, records, drawings, specifications, equipment, and similar items relating to operations of IRC, and (b) any information that is (i) clearly and conspicuously marked as "confidential" or with a similar designation; (ii) identified by IRC as confidential and/or proprietary before, during, or promptly after presentation or communication; or (iii) disclosed to the Subgrantee in a manner in which IRC reasonably communicated, or the Subgrantee should reasonably have understood under the circumstances, that the disclosure should be treated as confidential, whether or not the specific designation "confidential" or any similar designation is used. Upon completion of its performance under or termination of a Sub-grant Agreement, the Subgrantee will return to IRC all Confidential Information, and any copies thereof.



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agrees to adhere to the cleared and disclosed [Environmental and Social Commitment Plan](#).

Questions

There will be a Question & Answer session online on (date to be determined) (the link will be Intertest actors and expected to share their questions through lbwbirc.rfp@rescue.org. IRC will share the answers within a maximum of two-day duration.

Submission

Once you consider applying for this opportunity, you are requested to send us an email confirming your interest at lbwbirc.rfp@rescue.org. Please submit your application electronically to IRC's Partnerships Unit: lbwbirc.rfp@rescue.org with the subject line "Self-Help Plus – WB RFP". You do not need to submit hard copies. **Please submit your application by 25th of May 2023.**

IRC feedback - Once the deadline for the Request for proposal (RFP) has passed, the IRC will evaluate the application.

Main Scoring Criteria

- Extensive experience in adapting, piloting, implementing, and monitoring new Mental Health and Psychosocial Support (MHPSS) programs in close collaboration with the National Mental Health Program (NMHP) and WHO.
- Experience in coordinating, collaborating, and/or partnering with the NMHP, Ministry of Public Health, and WHO.
- Proven ability to administratively support the implementation of new MHPSS programs.
- Experience in adapting guides and audio scripts and conducting FGDs.
- Experience in recording audio scripts.
- Technical knowledge in developing and implementing SOPs.
- Experience in delivering ToTs and trainings, developing guidelines for online delivery, delivering MHPSS group interventions online or in person, and conducting evaluations of MHPSS programs.
- Team capacity with relevant experience and qualifications in developing and delivering ToTs, trainings, and SOPs.
- Evidence of an inclusive and participatory approach to all elements of the project
- Efficient and effective use of resources.

What happens next?

Your application will be evaluated by a review panel with a minimum of three people and a maximum of five people, including technical and financial experts, all staff from IRC.

IRC will then negotiate the project activities and the budget to finalize the proposal. This will be followed by a thorough partner and project capacity assessment. Finally, the partner



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will sign a Partnership Agreement with the IRC, enabling them to receive funding for project activities in accordance with the final proposal and budget. Funding is not guaranteed until the Partnership Agreement is signed. The IRC reserves the right to provide or restrain fund for the submitted application.