

Date: May 4, 2023

Request for Proposal: NVC & Martial Arts Training in North Lebanon

ABOUT INJAZ LEBANON

INJAZ Lebanon (IL) is a nonprofit non-governmental educational organization dedicated to educating youth about work readiness, entrepreneurship and financial literacy through experiential hands-on programs that help inspire a culture of entrepreneurialism and business innovation among youth in Lebanon. INJAZ Lebanon is an affiliate of INJAZ Al-ARAB and JA Worldwide, one of the world's largest and most-impactful youth-serving NGOs.

Overview

INJAZ Lebanon is seeking proposals from a highly qualified and experienced trainer who has the necessary qualifications and experiences in both Martial Arts and Non-Violent Communications (NVC) to deliver a training program to youth in Tripoli, North Lebanon. The program comes in response to growing concerns over the increasing trend of violent incidents in some communities & seeks to challenge the common misconception that Martial Arts promote violence, especially in children, by highlighting the fact that Martial Arts are rooted in nonviolent conflict resolution. The program will also incorporate the principles of nonviolent communication (NVC) to teach communication skills based on empathy and nonviolence.

Objectives:

The training aims to achieve the following objectives:

- 1. Increase knowledge and understanding of non-violent conflict resolution and communication skills among participants.
- 2. Improve the ability of participants to control strong emotions and reactions.
- 3. Increase self-esteem and decrease aggressive behavior.
- 4. Greater awareness of inclusion needs and GBV issues.
- 5. Improved social, intellectual, and emotional well-being of participants.

Scope of Work:

The approach should be youth centered, interactive, experiential & engaging. Curriculum should be built to be given in around 15 hours over a period of 5-6 days over a three week period. And should cover following main topics

- 1. Nonviolent communication
- 2. Persuasive communication
- 3. Martial Arts
- 4. Gender-Based Violence



Deliverables:

The trainer should be responsible for:

- Developing and submitting the training materials that combine MA & NVC aligns with the
 objectives stated above (example: theory or exercise and the intended output of the
 participants).
- Delivering the sessions and evaluating the participants' progress.
- Submitting a final report after the completion of the program, including an evaluation of the effectiveness of the training, feedback from participants.

Target Participants:

The training cycle will target 60 young people aged 16-24 years old

Qualifications:

Experience and Expertise: The trainer should have a strong background in Martial Arts and Nonviolent Communication, with relevant certifications and / or expertise in teaching these practices.

Pedagogical Skills: The trainer should have excellent teaching skills and be able to convey complex concepts in a simple and engaging way. The trainer should also have to adapt the teaching style to the needs of the participants.

Cultural sensitivity: The trainer should have a good understanding of the local culture and be able to work effectively with people from different backgrounds.

Empathy and communication skills: The trainer should have strong interpersonal skills, be able to listen actively, and create a safe and supportive learning environment.

Safety and first aid: The trainer should have knowledge of safety procedures and first aid in case of injuries.

Inclusively:

The trainer should have the experience in working with youth and children.

Submission Requirements:

Interested applicants should submit a proposal that includes the following:

- 1. Cover Letter including similar relevant experience (naming the project name and organization)
- 2. Technical proposal, including an overview on the methodology, and evaluation plan
- 3. Financial proposal, stating the trainers rate per day and expected number of days (preparation, implementation and reporting)
- 4. CVs of the trainer



Venue & Logistics

Outreach, venue, and logistics for the participants will be covered by INJAZ Lebanon. The workshop will take place during the period of June till August 2023 Exact dates and timing will be coordinated once the project starts.

Duration & Timeline:

The program cycle will take place over a period of 15 sessions, one or two sessions per week.

Payment Conditions:

- 1. Payment shall be made by wire transfer or through Payment Order/Telegraphic Transfer/ Over the counter payment after submission of an appropriate and acceptable original invoice with all the requested to INJAZ Lebanon
- 2. INJAZ Lebanon operates through bank Audi and won't handle any transfer or withdrawal charges (To be charged on the supplier)

How to Apply

Quotations may be submitted on or before Wednesday, May 19, 2023, no later than 6:00 pm via e-mail attention: Mr. Firas El Issrawi (firas@injaz-lebanon.org), Senior Procurement & Admin Officer. For offers to be considered, please mention in the subject line the following: IL - Call for Proposals for NVC and Martial Arts Training in North Lebanon

Quotations that are received by INJAZ Lebanon after the deadline indicated above, for whatever reason, shall not be considered for evaluation.

Thank You