

Date: Apr 10, 2023

Call for Proposal: Mental Health Workshop for School Teachers in North Lebanon

ABOUT INJAZ LEBANON

INJAZ Lebanon (IL) is a nonprofit non-governmental educational organization dedicated to educating youth about work readiness, entrepreneurship and financial literacy through experiential hands-on programs that help inspire a culture of entrepreneurialism and business innovation among youth in Lebanon. INJAZ Lebanon is an affiliate of INJAZ Al-ARAB and JA Worldwide, one of the world's largest and most-impactful youth-serving NGOs.

ABOUT PCL

The current multiple crises in Lebanon lead to increasing tensions between Syrian refugees and host communities and potentially more conflicts. The PCL project seeks to improve the peaceful coexistence between Syrian refugees and Lebanese communities. Several municipalities in North Lebanon and Akkar will benefit from participatory needs assessment processes and local initiatives targeting refugees and host communities alike. Initiatives might improve living conditions or address peace needs directly, for example through theater work. In parallel, the capacities and competencies of local actors to participate in and lead participatory processes will be strengthened. The project is implemented by GIZ on behalf of the German Federal Ministry for Economic Cooperation and Development (BMZ).

Overview:

INJAZ Lebanon is seeking proposals for the design and facilitation of a mental health workshop that will be provided for 25 school teachers in North Lebanon. The workshop aims to support Lebanese & Syrian school teachers in El Mina with the main goal of improving their mental resilience, creating a positive learning environment, and capacitating teachers with life skills that would support them as individuals as well as professionals.



Objectives:

The proposed workshop will aim to achieve the following objectives:

- 1. Enhance the mental well-being of teachers to ensure they can give their best on both professional and personal levels.
- 2. Improve the learning environment by supporting teachers to develop skills and knowledge that help them identify risk factors and symptoms and provide a helping hand to respond to students' needs.
- 3. Support teachers through the tough current situation to continue in their jobs.
- 4. Create a positive learning environment that encourages growth and development for both teachers and students.
- 5. Capacitate teachers with life skills that would support them as individuals in their daily lives.

Workshop Suggested Outline

The topics and duration of the sessions can be suggested and adapted per the applicant approach, however it should cover the below output:

- 1. Dealing with external burdens and stressors
- 2. Reducing the impact of social problems on teachers and their professional performance
- 3. Building psychological resilience
- 4. Developing a network of Peer supporters
- 5. Building a peer-to-peer support system

The program should also include at least one outdoor recreational activity and group therapy sessions through an interactive activity such as psychodrama.

The program should include an introductory session to be considered as part of the outreach to introduce the program in a creative and attractive way, so teachers are interested to apply and enroll under this training. The selected consultant has a preparation role on this session on how to present the benefits of this program in an attractive way to the participants and has a moderation role during this session.

Target Participants:

The initiative would target around 20-25 participants, both female and male school teachers (formal or informal schools, as the teachers should be Lebanese and Syrians). Outreach for the participants will be done by INJAZ Lebanon.

Proposal Guidelines:

Proposals should include the following:

1. Description of the proposed workshop and how it will address the objectives outlined above.



- 2. Proposals should include a general agenda outlining the key topics and activities to be covered during the project, including clear and descriptive titles for each item on the agenda.
- 3. Proposed facilitators and their qualifications.
- 4. Expected Outputs and outcomes of the training
- 5. Sustainability plan for the workshop.

Venue & Logistics

Venue, catering, and logistics for the participants will be covered by INJAZ Lebanon. The workshop will take place during the period of June to July. Exact dates and timing will be coordinated once the project starts.

Duration & Timeline:

The workshop will take place during the period of June to July. Exact dates and timing will be coordinated once the project starts. Workshop duration should be around 5-6 days including the group outdoor activity.

Submission Process:

Interested parties should submit their proposals via email to firas@injaz-lebanon.org not later than Wednesday, April 19, 2023. Proposals should not exceed 5 pages and should be in PDF format. The subject line of the email should read "Mental Health Workshop Proposal."

Evaluation Criteria:

Proposals will be evaluated based on the following criteria:

- 1. Relevance to the objectives of the workshop.
- 2. Clarity and coherence of the proposed workshop and session plans.
- 3. Qualifications and experience of proposed facilitators.
- 4. Feasibility and budgetary considerations.
- 5. Potential for sustainability and impact.

Submission Requirements:

Interested consultants should submit a proposal that includes the following items:

- 1. A cover letter outlining the applicant's qualifications and experience.
- 2. A detailed description of the proposed approach to the project, including a timeline and deliverables.
- 3. A detailed budget, including expenses and fees.
- 4. References and prior work history.
- 5. A copy of the company's Business License. Preferably Companies &/or Consultants who are legally registered can apply. (Registration in the Ministry of Finance, and Interior if Applicable)



- 6. An authorized representative of the agency &/or consultant must sign, stamp and date the quotation, and other relative documents accompanying it.
- 7. VAT Registration Certificate if relevant

Payment Conditions:

- 1. Payment shall be made by wire transfer or through Payment Order/Telegraphic Transfer/ Over the counter payment after submission of an appropriate and acceptable original invoice with all the requested to INJAZ Lebanon
- 2. INJAZ Lebanon operates through bank Audi and won't handle any transfer or withdrawal charges (To be charged on the supplier)

How to Apply

Quotations may be submitted on or before Wednesday, April 19, 2023, no later than 6:00 pm via e-mail attention: Mr. Firas El Issrawi(firas@injaz-lebanon.org), Procurement & Admin Officer. For offers to be considered, please mention in the subject line the following: IL - Call for Proposals for **Mental Health Workshop for School Teachers**

Quotations that are received by INJAZ Lebanon after the deadline indicated above, for whatever reason, shall not be considered for evaluation.

Thank You