

**"I stand in solidarity with Health Workers fighting COVID19 24/7! I will repeat once again, let's do our part: wash/rub your hands frequently, cover your cough with your elbow or a tissue, keep physical distance, Stay Home when asked. Together!" - WHO DG, Dr. Tedros Adhanom Ghebreyesus**

## Highlight

- A total of 49,748 (3,593 today) confirmed cases from 21 countries in the East Mediterranean Region and total deaths are at 2,935 (129 today).
- Lebanon is still in level 3 of COVID 19 transmission scenarios "Lebanon is experiencing cases clusters in time, geographic location and/or common exposure (Clusters of cases)".

### Global update

as per [WHO dashboard](#) 30 March 2020 at 7pm

Globally cases	693,224 (58,389 new)
Countries, areas or territories with cases	202 countries (0 new)
Total deaths	33,106 (3,149new) (CFR: 3.4%)
Confirmed cases in China	82,447 (91 new)
Confirmed cases in USA	122,653 (19,332)
Confirmed cases in Italy	97,689 (11,191)
Confirmed cases in Spain	78,797 (6,549)
<b>WHO RISK ASSESSMENT</b> Global Level - Very High	

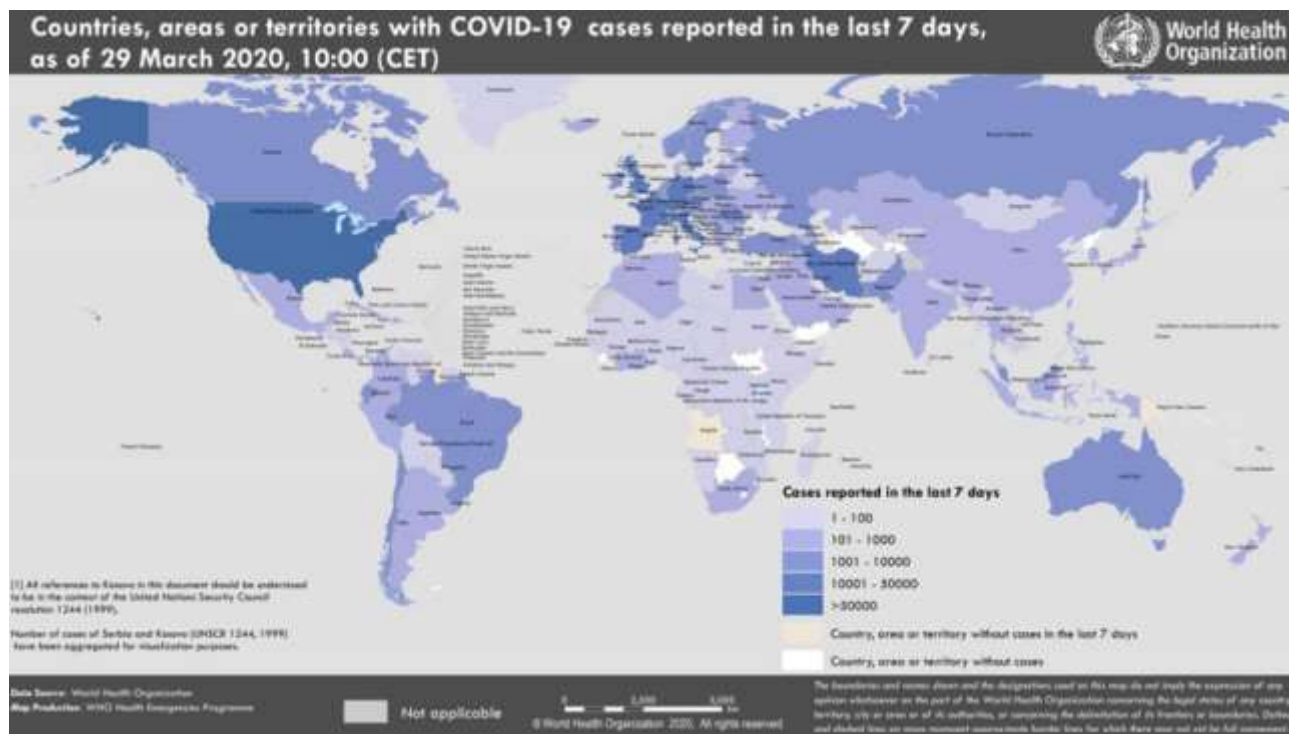


Figure 1. Countries, territories or areas with reported confirmed cases of COVID-19, 29 March 2020

# Distribution of COVID-19 cases as reported by the Epidemiological Surveillance Unit at the MOPH dashboard at 4pm

Figure 1: Cases by age group

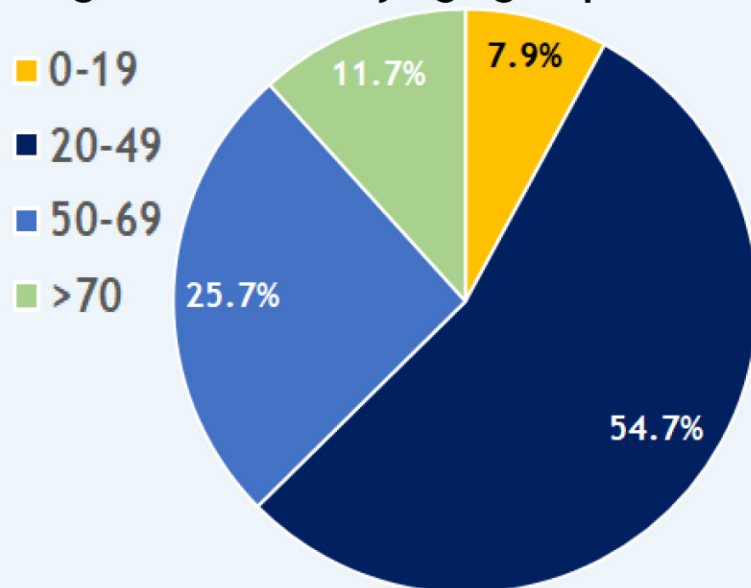


Figure 2: Cases by source of exposure

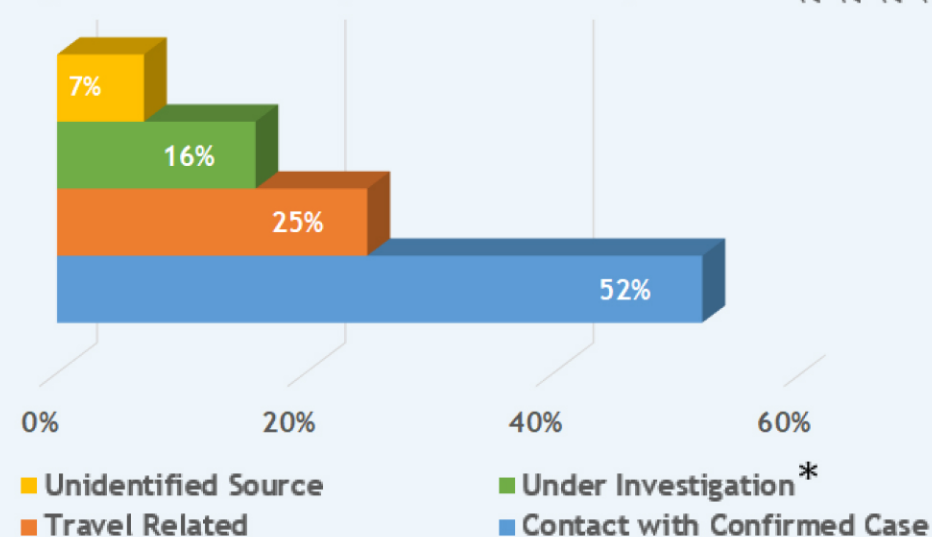


Figure 3: Cases by clinical presentation

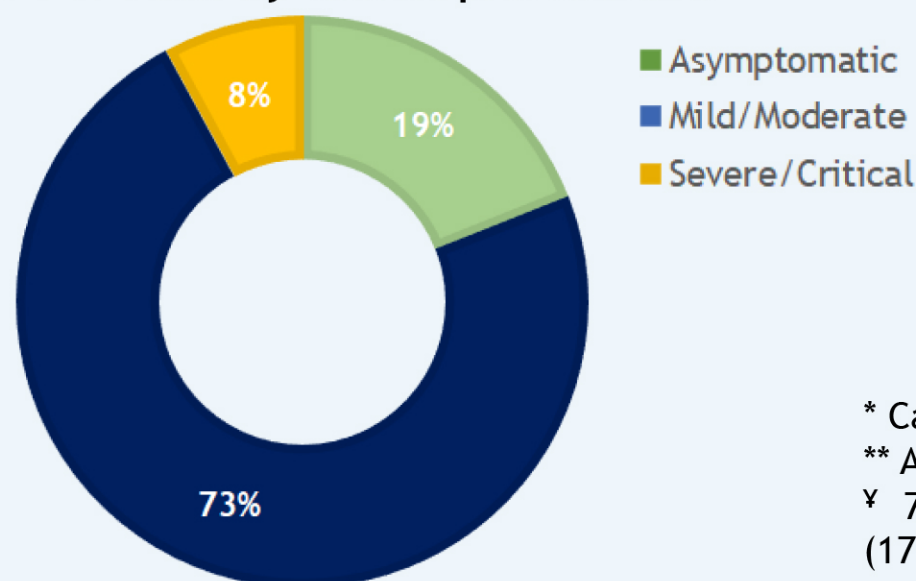


Figure 4: Cases by date of confirmation

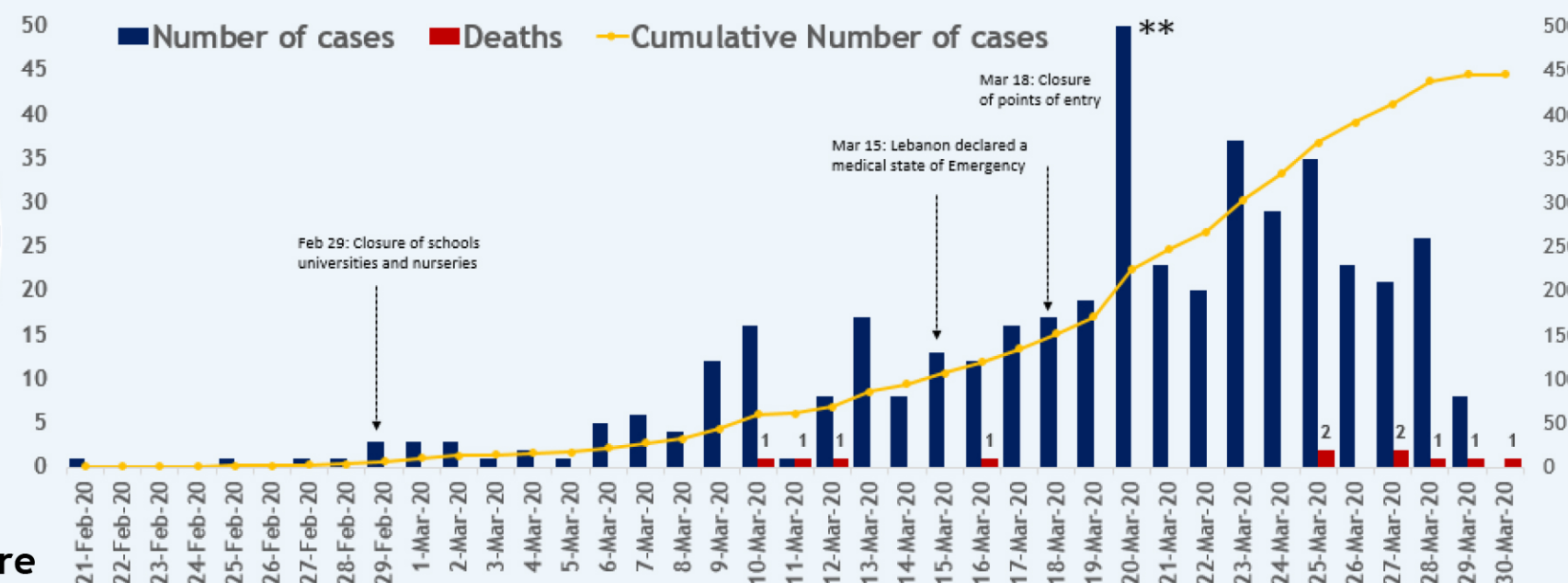


Table 1: Distribution of fatalities by age group

Age (years)	Deaths (n)	CFR
< 10y	0	0.0%
10-19y	0	0.0%
20-29y	0	0.0%
30-39y	0	0.0%
40-49y	1	1.4%
50-59y	2	2.7%
60-69y	1	2.5%
70-79y	5	15.2%
80+y	2	10.5%
<b>Total</b>	<b>11</b>	<b>2.5%</b>

\* Cases under investigation have not yet been classified by exposure

\*\* Addition of new reporting laboratories

¥ 78.02% recovered or mild cases at home, 19.51% hospitalized (17.49% admitted to regular ward, 2.02% ICU), case fatality of 2.47%

**446¥ Cumulative cases of COVID-19**

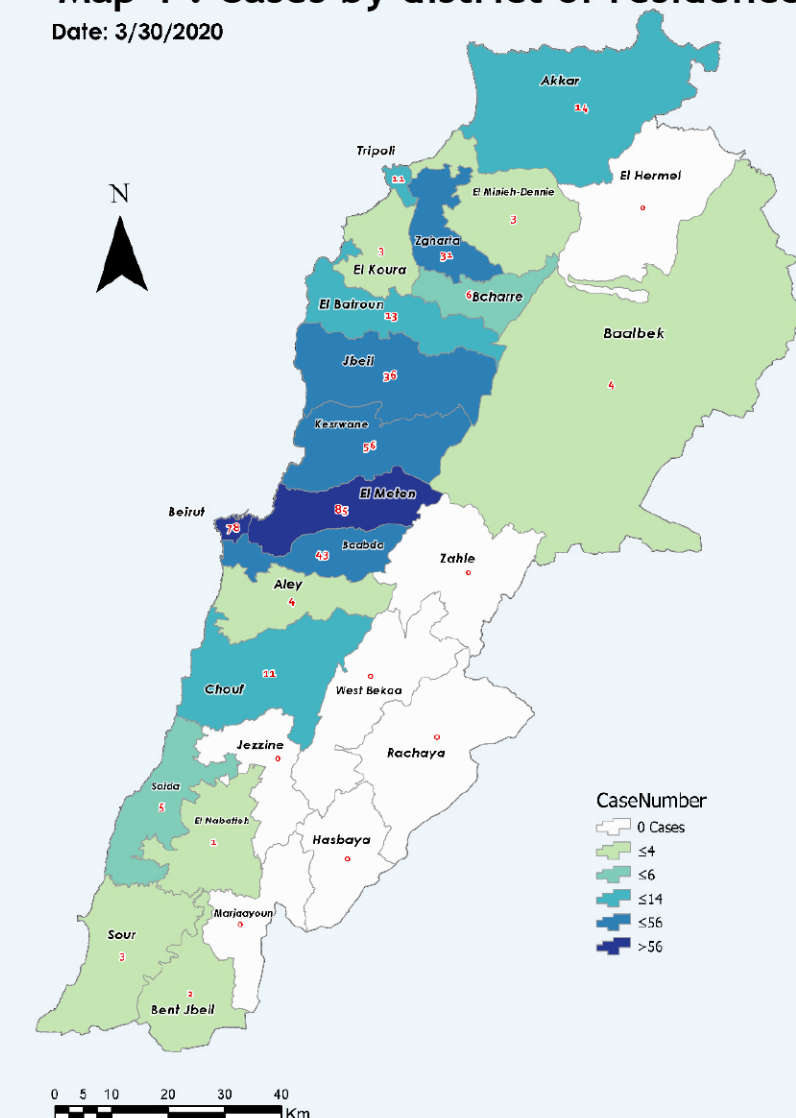
- 8 new cases
- 36 healthcare workers
- 11 associated deaths

**Call center:**

- 3609 Cumulative calls received
- 285 referred to RHUH

Map 1 : Cases by district of residence

Date: 3/30/2020



### Breastfeeding mothers and COVID-19

If you, your infant, or young children have suspected or confirmed COVID-19 and feel stressed or worried, seek breastfeeding counselling, basic psychosocial support, or practical feeding support from trained health care professionals and breastfeeding counsellors.

If you are severely ill with COVID-19 or suffer from other complications that prevent you from caring for your infant or continuing direct breastfeeding, express milk to safely provide breastmilk to your infant.

Breastfeed to protect your infant and children from getting sick and for their healthy growth and development.

Breastfeeding is particularly effective against infectious diseases because it strengthens the immune system by transferring antibodies from you.

### Can women with COVID-19 breastfeed?

Yes. Women with COVID-19 can breastfeed if they wish to do so. They should:

- Practice respiratory hygiene during feeding, wearing a mask where available;
- Wash hands before and after touching the baby;
- Routinely clean and disinfect surfaces they have touched.

### Can I touch and hold my newborn baby if I have COVID-19?

Yes. Close contact and early, exclusive breastfeeding helps a baby to thrive. You should be supported to Breastfeed safely, with good [respiratory hygiene](#);

- Hold your newborn skin-to-skin, and
- Share a room with your baby
- You should wash your hands before and after touching your baby, and keep all surfaces clean.

### I have COVID-19 and am too unwell to breastfeed my baby directly. What can I do?

If you are too unwell to breastfeed your baby due to COVID-19 or other complications, you should be supported to safely provide your baby with breastmilk in a way possible, available, and acceptable to you. This could include:

- Expressing milk;
- Relactation;
- Donor human milk.





### Support to RHUH- WHO as main contributor

The RHUH has been the main hospital to receive and test suspected COVID-19 cases and treat positive cases in isolation.

- To date WHO has procured 104,000 test for diagnosis of Covid-19, along with necessary reagents and supplies. An automated extractor for RT- PCR test is in the pipeline. This will increase the capacity of the RHUH reference lab to around 500 tests per day.

-In addition, sets of PPEs have been provided, sufficient for 2 months.

-The patient care capacity has been upgraded with respirators and the patient monitoring system, for a total of 4 patients in isolation.

To date, the contribution to RHUH by WHO amounted to **541,758 USD**.

**To note that around 60% of the procurement has been from the local market**

### WHO training course

- [Breastfeeding counselling](#): a training course.

Useful Links	Important numbers	
➤ WHO real time <a href="#">dashboard</a>	➤ MOPH Hotline 1214	➤ Preventive medicine center 01-843769   01-830300
➤ WHO <a href="#">COVID-19 page</a>	➤ Airport quarantine section 01-629352	➤ Call Centre 76-592699
➤ Protect yourself ( <a href="#">English/Arabic</a> )	➤ Preventive medicine center 01-843769   01830300	➤ Epidemiological Surveillance Unit 01-614194   01-614196
➤ Q&A ( <a href="#">English/Arabic</a> )		
➤ WHO Lebanon <a href="#">website</a>		
➤ WHO Lebanon <a href="#">Facebook</a> <a href="#">Twitter</a> <a href="#">Instagram</a>	➤ Call Centre 76-592699	

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